ITP(Idiopathic Thrombocytopenic Purpura) Individual Health Plan (IHP)
Fluctuating platelet count. Risk for uncontrolled internal and external bleeding from injury or spontaneously.

Date Written/Revised: _____
Student Name: _____ Birthdate: _____ Grade: _____

Parent/Guardian: _____ Home Phone: _____

Emergency Contact: (1) _____
(2) _____

Physician: _____ Office Phone: _____
Fax Number: _____
Preferred Hospital: _____
Medical Insurance: _____
Teacher: _____
School Nurse: Wendy Supanchick Office Phone: 464-8359 Cell Phone:220-9143

Medical History/Assessment:

1. Signs and treatment of an emergency: Remain with student

- Cut or bruise that bleeds slowly – apply pressure and notify parent
- Large injury with large amount of visible bleeding – apply pressure and **call 911**
- Complaint of sudden headache that does not go away, loss of consciousness or orientation to environment, vomiting, dizziness, confusion, unusual sleepiness, change in speech patterns, eyes not moving together, weakness on one side of the body, loss of feeling, numbness or tingling in hands or feet, stiff neck or back, seizures, child reports inability to hear – **call 911**
- Sudden abdominal or joint pain – **call 911**

2. Report blows to abdomen, stomach, back, joints – notify parent, call 911 if pain develops
3. No contact sports, swings, or climbing toys – FEET TO REMAIN ON THE GROUND
4. ACADEMICS:

- **Allow water at desk**
- **Allow for absences related to ITP**
- **Plan for alternative recess and PE as requested per parent and doctor order when platelet count low**
- **May need assignments sent home**
- **May need extra time to complete assignments due to absences**

5. Student will wear a medic alert bracelet
6. Field trips to be decided on medic response time
7. Parent to keep nurse informed of platelet counts and accommodations needed
8. Student will take part in all school activities at levels commiserated with platelet count

_____ _____
Parent/ Guardian Signature Date

IHP written by: _____ _____
School Nurse Date

CC: Parent, Student Health Record, Health Room, Nurse, Teacher, PE, Music, Transportation